



INVESTORS  
IN YOUNG  
PEOPLE

GOOD  
PRACTICE  
AWARD

# H.E.L.P (ARGYLL AND BUTE) LIMITED

*“Celebrating  
our young people”*





- ▶ *A local Charitable company, supporting the young people of Argyll and Bute*



- ▶ **TO SUPPORT YOUNG PEOPLE BETWEEN THE AGES OF 16 AND 25 YEARS OF AGE, TO SUSTAIN A TENANCY, ENTER EMPLOYMENT AND OR TRAINING, BECOME PART OF THEIR LOCAL COMMUNITY AND LEAD A QUALITY LIFE.**

## OUR VISION





- ▶ Support to sustain a tenancy
  - ▶ Setting up home
  - ▶ Cleaning
  - ▶ Budgeting
  - ▶ Form filing
  - ▶ Cooking
- ▶ Outcome - Reduction of repeat homelessness

151 young people  
supported to sustain  
their tenancy in year  
end December 2016

# HOUSING SUPPORT



# EMPLOYABILITY

*WITH TIM.*



- What are your options?
- Your experience counts
- What skills do you already have?
- Create a CV
- Meet the employers
- Role Play
- Interview skills
- Gain qualifications
- Outdoor Experience
- Environmental project



# EMPLOYMENT PROGRAMME

- ✓ Basic IT Skills
- ✓ CV Building
- ✓ Construction skills card
- ✓ First aid
- ✓ Food hygiene
- ✓ Customer Care
- ✓ Moving and Handling
- ✓ Driving theory
- ✓ First Aid Certificate
- ✓ National youth achievement Award
- ✓ Duke of Edinburgh Award

42 young people into employment/training in year end  
December 2015



Food Hygiene Certificate

First Aid

Manual Handling

Health and Safety

Customer Care

Telephone Techniques

Duke of Edinburgh Sectional certificates

Prep for Employment SQA unit Level 3



52



# YOUNG PEOPLES ACHIEVEMENTS



- ▶ 40 local employers
- ▶ 200 visitors
- ▶ Unemployment registered reduced by 7%
- ▶ Chair of Cowal Employment Partnership

# COWAL JOBS FAIR



# Opportunities for All

**Opportunities for All Supporting all young people to participate in post-16 learning, training or work**

Opportunities for All is an explicit commitment to offer a place in learning or training to every 16-19 year old in Scotland who is not currently in employment, education or training.



## OPPORTUNITIES FOR ALL

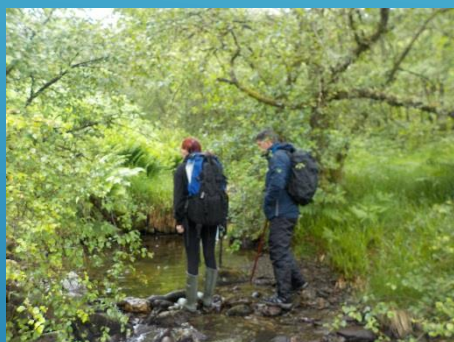
- ▶ Life Coaching with Nick
- ▶ Healthy eating
- ▶ Music
- ▶ Photography
- ▶ Alternative sports ; Badminton, Golf, Tennis, Bowling
- ▶ Parents group.
- ▶ Football



# HEALTH AND WELLBEING ACTIVITIES

*WITH NEIL.*

57 young people reporting they feel more involved in their local community.



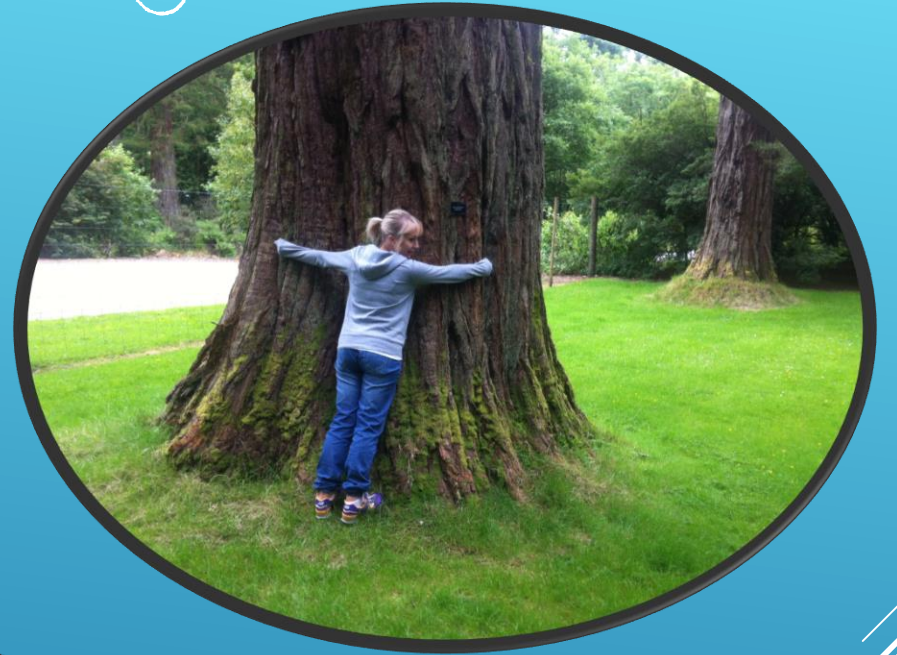
# HEALTH AND WELLBEING ACTIVITIES





# Mellisa Lauder says

Where do I begin? I've now got a part time job thanks to the HELP project, and also have an updated CV and cover letter, a better understanding of budgeting and more confidence and self esteem. I could write loads on how they have helped me but you'd end up with an essay ha! Ha! I also have ADHD and they've helped me with that more than they know. I appreciate everything they've done for me and I can't thank them enough : )



- ▶ HELP have supported young people to gain over £93,983.64 in welfare benefits, and grants, year end Dec 2015

INFORMATION AND ADVICE



- ▶ Providing weekly drop in and one to one sessions to young people affected by Drug or Alcohol misuse at Dunoon Grammar School.

ARGYLL AND BUTE DRUG AND  
ALCOHOL PARTNERSHIP



- ▶ St Andrew's Tea - £304.88 for Mary's Meals
- ▶ Valentine Tea - £240.00 for The British heart Foundation
- ▶ McMillan Cancer Care Coffee Mornings £907.18
- ▶ Wimbledon Tea for Dunoon and Cowal Youth Centre £173.45



# HELPING OTHERS.....







## WORKING IN PARTNERSHIP WITH 'COWAL ELDERLY BEFRIENDERS'

"Cowal Befrienders are always delighted to work with HELP. The care and attention that young people from HELP have shown to our clients always impresses me, and the tea party which they so kindly organised for us back in the Spring is still talked about fondly by everyone at Befrienders. Opportunities for intergenerational work is so very important for our communities, and HELP have always led the way in Cowal in creating opportunities for young people to understand our older generation.

Our clients have also benefitted enormously from the hard work that HELP provided through their recent Environmental project. Helping older people to maintain a clear and safe garden not only promotes their independence, but also improves their wellbeing and overall quality of life.

We look forward to working with everyone at HELP in the future, and would like to thank everyone once again for the successes of our partnership working".

Duncan - Cowal Elderly Befrienders.





# WHY WHAT WE DO IS IMPORTANT.....

*WITH TONY MCDONALD*



- ▶ Chair local Throughcare and Aftercare forum
- ▶ Argyll and Bute Throughcare and Aftercare Forum
- ▶ Chair Cowal Employment Partnership
- ▶ Argyll and Bute 16+ Operations Forum
- ▶ Argyll and Bute Employability partnership
- ▶ 16+ Trusted Professional
- ▶ Member of Bute Health and Wellbeing Network
- ▶ Member of Cowal Health and Wellbeing Network

## PARTNERSHIP AT WORK

- ▶ Investors in People Gold
- ▶ All 6'S (Excellent) in Care Inspection Report April 2015
- ▶ The Spirit of the Community Award 2014
- ▶ Investors in Young People Award 2015
- ▶ 3 years Lottery added value £393,000

## ACHIEVEMENTS

